



"If you don't do it this year, you'll be one more  
year older when you do"  
-Warren Miller

### BREAKFAST MENU

**THE CLASSIC** **\$6.95**  
Bacon, Egg, & Cheddar Cheese

**SAUSAGE SANDWICH** **\$6.95**  
Sausage, Egg, Jack Cheese

**VEGGIE SANDWICH** **\$6.95**  
Egg, Spinach, Tomato, Avocado  
All Served on English Muffin, Sub Bagel \$1 or Sub Croissant \$1.50

**BREAKFAST BOWL** **\$9.50**  
Quinoa, Spring Mix, Egg, Tomato, Avocado, Balsamic Glaze Drizzle

**BREAKFAST BURRITOS (no substitutions)** **\$7.95**  
Egg, Potato, Mushroom, Spinach, Cheese, with Bacon or Veggie

**HAM & CHEESE CROISSANT** **\$6.50**

**CHEESE CROISSANT** **\$5.50**

**BAGELS** **\$3.50**

**PLAIN OR EVERYTHING**

Add Butter .25

Add Cream Cheese .25

Add Almond Butter 2.00

Add Peanut Butter .50

Add Nutella .50

Side of Bacon 3.00

Add Smoked Trout 5.00

Add Tomato .50

Add Red Onion .25

Add Hummus .50

Add Cucumber .25

Add Avocado 2.00